

**James C. Nourse, Ph.D., L.Ac.**

6 Old Applewood Lane  
Hendersonville, NC 28739

828.698.8036

89 Medical Park Drive  
Brevard, NC 28712

**CLIENT INFORMATION**

FULL NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_  
Street

\_\_\_\_\_ City State Zip

OCCUPATION \_\_\_\_\_

PLACE OF EMPLOYMENT \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_

HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_

CELL PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

FAMILY PHYSICIAN \_\_\_\_\_ DATE OF MOST RECENT PHYSICAL \_\_\_\_\_

MAJOR ILLNESSES \_\_\_\_\_

\_\_\_\_\_

MEDICATIONS and DOSAGES \_\_\_\_\_

\_\_\_\_\_

PERSON TO CONTACT IN EMERGENCY \_\_\_\_\_ PHONE \_\_\_\_\_

REFERRED TO DR. NOURSE BY \_\_\_\_\_

JAMES C. NOURSE, PH.D., L.AC.

**Services Agreement**  
**Chinese Medical Services**

Welcome to my practice. This document contains important information about my professional services and business policies.

**CHINESE MEDICAL SERVICES**

Chinese Medicine is a practice with ancient roots that is regarded as effective in treating individuals with a broad spectrum of conditions. Although there are several methods of treatment, the most common is acupuncture, which consists of the insertion of hair-thin needles into precise locations on the body for purposes of balancing the body's energy. In Chinese Medicine it is believed that all illness is preceded by an imbalance in this energy, and treatment is geared to restore balance so that illness will have no hospitable place to live. Compared to many medical treatments, the risks with acupuncture are minimal. For example, because no one's anatomy is exactly as described on medical charts, on occasion it is possible to penetrate a blood vessel with a needle which might result in a small amount of bleeding, which is easily stopped, or bruising. As is the case with many alternative and complementary therapies, it is possible to feel briefly worse after a treatment. This is nothing to be concerned about, as it indicates the body is rebalancing and moving toward health. Usually people find the treatment pleasantly relaxing. I will share much more information with you during your first treatment and please raise any questions or concerns that come to mind at any time during our work together.

**FEES and APPOINTMENTS**

**First visit = \$85-\$170**

**Followup visits = \$85**

**PAYMENT IS DUE AT THE TIME OF EACH VISIT.**

**CANCELLATION POLICY: ONCE AN APPOINTMENT TIME IS SCHEDULED, YOU ARE EXPECTED TO PAY FOR IT UNLESS YOU GIVE 24 HOURS OF ADVANCE NOTICE OF YOUR CANCELLATION.**

Cancellations may be made on my voice mail if I am not available (such as cancelling a Monday appointment during the weekend). You will not be charged if I am able to give the vacated time to someone else.

**Insurance:** Most insurance policies and Medicare do not pay for Chinese medical services. If you have a policy that does, I will be happy to provide you with a statement you may use to be reimbursed.

**CONTACTING ME**

I may be reached by telephone at 828-698-8036. I am generally in the office between 10 am and 5 pm Monday - Thursday but will not be available by phone when I am with a client. I check voice mail frequently and I strive to return calls promptly. If you are unable to reach me and feel you cannot wait for me to return your call, please contact your family physician or the nearest hospital emergency room, or call 911.

My signature below indicates that I have read the **Services Agreement** and agree to abide by its terms during our professional relationship.

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Name (please print)

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Signature

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Date

## NORTH CAROLINA NOTICE FORM

### Notice of Policies and Practices to Protect the Privacy of Your Health Information

THIS NOTICE DESCRIBES HOW HEALTH CARE INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

#### I. Uses and Disclosures for Treatment, Payment, and Health Care Operations

I may use or disclose your *protected health information (PHI)*, for *treatment, payment, and health care operations* purposes with your *consent*. To help clarify these terms, here are some definitions:

- "*PHI*" refers to information in your health record that could identify you.
- "*Treatment, Payment and Health Care Operations*"
  - *Treatment* is when I provide, coordinate or manage your health care and other services related to your health care. An example of treatment would be when I consult with another health care provider, such as your family physician or another psychologist.
  - *Payment* is when I obtain reimbursement for your healthcare. Examples of payment are when I disclose your PHI to your health insurer to obtain reimbursement for your health care or to determine eligibility or coverage.
  - *Health Care Operations* are activities that relate to the performance and operation of my practice. Examples of health care operations are quality assessment and improvement activities, business-related matters such as audits and administrative services, and case management and care coordination.
- "*Use*" applies only to activities within my office, such as sharing, employing, applying, utilizing, examining, and analyzing information that identifies you.
- "*Disclosure*" applies to activities outside of my office, such as releasing, transferring, or providing access to information about you to other parties.

#### II. Uses and Disclosures Requiring Authorization

I may use or disclose PHI for purposes outside of treatment, payment, and health care operations when your appropriate authorization is obtained. An "*authorization*" is written permission above and beyond the general consent that permits only specific disclosures. In those instances when I am asked for information for purposes outside of treatment, payment and health care operations, I will obtain an authorization from you before releasing this information. I will also need to obtain an authorization before releasing your session notes. "*Session notes*" are notes I have made about our conversation during a private, group, joint, or family counseling session, which I have kept separate from the rest of your medical record. These notes are given a greater degree of protection than PHI.

You may revoke all such authorizations (of PHI or session notes) at any time, provided each revocation is in writing. You may not revoke an authorization to the extent that (1) I have relied on that authorization; or (2) if the authorization was obtained as a condition of obtaining insurance coverage, and the law provides the insurer the right to contest the claim under the policy.

#### III. Uses and Disclosures with Neither Consent nor Authorization

I may use or disclose PHI without your consent or authorization in the following circumstances:

- **Child Abuse:** If you give me information which leads me to suspect child abuse, neglect, or death due to maltreatment, I must report such information to the county Department of Social Services. If asked by the Director of Social Services to turn over information from your records relevant to a child protective services investigation, I must do so.
- **Adult and Domestic Abuse:** If information you give me gives me reasonable cause to believe that a disabled adult is in need of protective services, I must report this to the Director of Social Services.
- **Health Oversight:** The North Carolina Psychology Board and the North Carolina Acupuncture Licensing Board have the power, when necessary, to subpoena relevant records should I be the focus of an inquiry.
- **Judicial or Administrative Proceedings:** If you are involved in a court proceeding, and a request is made for information about the professional services that I have provided you and/or the records thereof, such information is privileged under state law, and I must not release this information without your written authorization, or a court order. This privilege does not apply when you are being evaluated for a third party or where the evaluation is court ordered. You will be informed in advance if this is the case.

• **Serious Threat to Health or Safety:** I may disclose your confidential information to protect you or others from a serious threat of harm by you.

• **Worker's Compensation:** If you file a workers' compensation claim, I am required by law to provide your mental health information relevant to the claim to your employer and the North Carolina Industrial Commission.

#### IV. Patient's Rights and Practitioner's Duties

##### Patient's Rights:

- *Right to Request Restrictions* – You have the right to request restrictions on certain uses and disclosures of protected health information about you. However, I am not required to agree to a restriction you request.
- *Right to Receive Confidential Communications by Alternative Means and at Alternative Locations* – You have the right to request and receive confidential communications of PHI by alternative means and at alternative locations. (For example, you may not want a family member to know that you are seeing me. Upon your request, I will send your bills to another address.)
- *Right to Inspect and Copy* – You have the right to inspect or obtain a copy (or both) of PHI in my session and billing records used to make decisions about you for as long as the PHI is maintained in the record. I may deny your access to PHI under certain circumstances, but in some cases, you may have this decision reviewed. On your request, I will discuss with you the details of the request and denial process.
- *Right to Amend* – You have the right to request an amendment of PHI for as long as the PHI is maintained in the record. I may deny your request. On your request, I will discuss with you the details of the amendment process.
- *Right to an Accounting* – You generally have the right to receive an accounting of disclosures of PHI for which you have neither provided consent nor authorization (as described in Section III of this Notice). On your request, I will discuss with you the details of the accounting process.
- *Right to a Paper Copy* – You have the right to obtain a paper copy of the notice from me upon request, even if you have agreed to receive the notice electronically

##### Practitioner's Duties:

- I am required by law to maintain the privacy of PHI and to provide you with a notice of my legal duties and privacy practices with respect to PHI.
- I reserve the right to change the privacy policies and practices described in this notice. Unless I notify you of such changes, however, I am required to abide by the terms currently in effect.
- If I revise my policies and procedures, I will I will provide you with written notice at our next scheduled appointment or by mail at your request.

#### V. Complaints

If you are concerned that I have violated your privacy rights, or you disagree with a decision I made about access to your records, you should discuss your concerns with me.

You may also send a written complaint to the Secretary of the U.S. Department of Health and Human Services.

#### VI. Effective Date, Restrictions and Changes to Privacy Policy

This notice will go into effect on 04/15/2003.

I reserve the right to change the terms of this notice and to make the new notice provisions effective for all PHI that I maintain. I will provide you with a revised notice at our next scheduled appointment, or by mail at your request.

My signature below indicates that I have received the document "**North  
Carolina Notice Form**"

\_\_\_\_\_  
Name (please print)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date